



ENHANCING THE QUALITY OF LIFE

June 25, 2019

# Himalayan Children's Fund News

Dear Friends,

Thrangu Rinpoche has arrived at the monastery in Vancouver, Canada for the North America Kagyu Monlam. He is doing well and continues to recover.

Many thanks to the donors who have responded to our FaceBook request for donations to build a protective canopy (May 2019 Newsletter) on the back balcony of the Phende Clinic in Namo Buddha. We have not yet met the goal and will keep accepting donations for this project.

I am delighted to let you know that HCF has earned another Platinum Seal of Approval from [Guidestar](#). You can use the link to check us out and to write a review!

Please enjoy and share the news.

~ Debra Ann



## THRANGU TARA ABBEY

Tara Abbey nuns completed a week long Chakrasamvara Drupchen, during the auspicious time of Sagadawa.



### SPONSORSHIP RATES

#### SMD BOARDING SCHOOL

Boarding Student	\$900.00*
Day Student	\$420.00

#### FOR MONASTICS

SMDBS or SMD Monk	\$480.00
Shedra Monk	\$600.00
Nun (base sponsorship)	\$240.00
Additional for school nun	\$240.00
Monk (base sponsorship)	\$240.00

We will always accept any amount toward sponsorships and find additional sponsors to complete the full fee amount.

\* SMD calculates \$935.00 as the actual cost for boarding students, however, HCF is reluctant to increase sponsor fees and will continue to raise additional funds for the support of the school.

## SMD 2019 GRADS

Every year SMD Class 10 graduates are rewarded with a pilgrimage to Lumbini, the birthplace of the Buddha, and other sacred sites. Bus travel and accommodations are provided and the students are accompanied by school and monastery staff. Congratulations to the 2019 graduates!

To Donate through HCF Designate:  
SMD field trips



The 8th Inter School Association Nepal (ISAN) was held from May 25th to June 1st and our SMD footballers were ready. There are 28 schools in the competition for boys and 15 schools for the girls. Games are two 30 minute halves for boys and 20 minute halves for girls with a 20 minute break. SMD boys played 4 matches, including the semi final against Trikon Secondary School. It was exciting as the score was 0-0 in the final minute but in penalty they were defeated 4-3. SMD girls also played 4 games, winning 4-1, 2-0, 2-0 and defeating Pragma Secondary School 5-3 in penalty to win the tournament!

To donate through HCF Designate: SMD Sports



### WORLD ENVIRONMENT DAY

As always, June 5th saw extensive 'Thrangu family' participation in World Environment Day. At SMD, the Environment and Roots and Shoots Clubs organized a cleaning campaign of students and teachers who worked diligently throughout the neighborhood of Tinchuli, the Boudha Stupa and the school grounds. At Tara Abbey, Namu Buddha and VVI the tasks included cleaning up surrounding areas and planting trees. Notice the identifying vests and smiles!

